# Please note refreshments are available in the room from 1.30pm

# Agenda

1. Introductions and Apologies (10 mins)

To note attendees and any apologies for absence. Icebreaker – getting to know each other.

# 2. Healthy Eating (25 mins)

Presented by representatives from the East Children in Care Council;

- What young people would like
- Meal planning and young people's invitation

# 3. Communicating with Young People (25 mins)

Presented by representatives from the North Children in Care Council.

#### 4. Break (10 mins)

#### 5. Involvement in Formal Meetings (30 mins)

Presented by representatives from the Central Children in Care Council:

- Reviews
- Corporate Parenting Board
- Revisiting the Golden Rules

# 6. What Next? (10 mins)

Suggestions for future meetings.

# 7. AOB (10 mins)

Any other business not represented on the agenda and questions.

# 8. Date and Time of Next Meeting

Next meeting to be held on the 6<sup>th</sup> September in the Oak Room, Woodlands Conference Centre, Chorley at 6pm (refreshments available from 5.30pm). Dr Maggie Atkinson, Children's Commissioner for England will be in attendance.

